



TMJ INFORMED CONSENT

Name: _____ (please print)

Disorders of the Temporomandibular Joint can mimic other dental and medical problems. A proper diagnosis regarding head and neck pain is very important because serious medical problems such as vascular disorders, brain tumors, aneurisms, cervical disc disorders, throat and oral cancer, etc. can produce similar symptoms of TMJ disorders. It is important to inform our office of any changes in your health history form that was previously provided.

Length of treatment may vary according to the complexity of your condition. Treatment times may therefore vary from estimates. Although most conditions respond well to treatment, general health, stress, degree of tissue injury, posture, age, work habits, bite relationships, etc. do affect the outcome and total resolution is not always possible. Estimated time for treatment for Phase One is three months. In general, the treatment plan will be more lengthy and complicated if the symptoms are severe or if the problem existed for a long time.

The type of treatment methods we will use is based on our experience, skill, knowledge to be the most proven, appropriate, cost effective, and conservative. However, you should be aware there is much debate in the medical-dental community regarding what is the best way to treat various TMJ disorders.

As with any medical or dental treatment, unusual occurrences can and do happen. These possibilities could include minor tooth movement, loosened teeth or dental restorations, sore mouth, periodontal problems, muscle spasms, ear pain, neck pain, etc. Any of the above mentioned complications are rare, but theoretically may occur. Additional medical and dental risks that have not been mentioned may occur. Dr. Mohamedali has explained to me the nature, purpose, benefits, risks of and alternatives to neuromuscular/cranio-mandibular orthopedic treatment.

Initial: _____ Initials of _____ (please print)

Good communication is essential to successful treatment. Please feel free to discuss any questions you may have regarding any problems or treatment. Referrals to other professionals, such as physical therapists, nutritionists, chiropractors, medical doctors, neurologists, or ear-nose-throat specialists may be indicated and necessary for successful treatment.

With any medical or dental treatment the success depends to a large extent on the degree of cooperation of the patient in following the prescribed treatment plan. Failure to comply with instructions could delay the treatment time and seriously affect the success of the treatment. I understand and acknowledge that routine hygiene care is essential during orthotic care to prevent any decay and / or periodontal problems.

Initial: _____ Initials of _____ (please print)

TERRA DENTAL CARE

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